

IN-HOME THERAPY SAFETY PRECAUTIONS IN EFFECT DURING THE PANDEMIC <u>HANDOUT</u>

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Thank you for inviting us into your home to help you and your family. SHOREHAVEN is taking the following precautions to protect our patients and help slow the spread of the COVID-19.

- As your therapist, I have been supplied with masks.
- My staff and I wear masks... except when we judge the situation to be safe enough for therapy without face covering.
- I will wash or sanitize my hands before and after sessions. I may ask to use your washroom to wash hands.
- In the meetings with you, I will try to arrange for appropriate physical distancing. I may ask you arrange seating in order to have appropriate physical spacing.
- Everyone should wash their hands frequently and thoroughly.
- I frequently sanitize my pens, computer, car, and other high-touch areas.
- Physical contact is not permitted.
- In my travels in the community, from one residence to another, I take precautions to minimize my exposure to the COVID-19 as much as I can.
- Every morning, I evaluate any health symptoms I may observe and determine if it is reasonable to provide live, in-person therapy that day.
- We can switch to visits by telehealth. Note that your insurance company determines if telehealth or telephone therapy is a covered service and that determination will be considered when we recommend telehealth.
- Please tell me right away if you or a member of your immediate household has COVID-19 symptoms, tests positive, or has been exposed to the infection. We can discuss a switch to telehealth.
- I will tell you if I or a member of my immediate household has COVID-19 symptoms or tests positive or has been exposed to the infection. We can switch to telehealth.